

What should you do if you encounter a bear?

NEVER chase a bear

to film, admire, or drive it away. If cornered in confined spaces like urban streets, the bear is under **extreme stress** and may react unpredictably.

The bear is 500 meters away

Enjoy the observation by staying still and **quiet!**



The bear is within 500 meters

If it hasn't noticed you, move away **without running**, retracing your steps.



The bear is within 500 meters and has noticed you:

if it does not move away on its own, slowly move away yourself without running, either by retracing your steps or by stepping off the path to let it pass. Remember: if a bear stands on its hind legs, it is not threatening you; it is simply trying to better understand the situation. Bears have poor eyesight!



What if you see a bear from a car?

Stop the car and lower the headlights. Let it move away calmly. **Never** chase the bear with your car! You could force it into a dangerous run, putting itself, you, and other drivers at risk. **Remember:** in these areas, it is good practice not to exceed 50 km/h.

Is a bear approaching you huffing?

It probably feels threatened. In these cases, bears often bluff charge. Stay calm, speak in a calm voice, move slowly to distract its attention, place an object between you and the bear (e.g. a backpack), and back away **without running**.

To avoid close encounters

with bears, make your presence known while walking by stepping on leaves and branches and speaking in a calm, normal voice. It doesn't matter what you say; the sound of your voice is enough.



If none of this works?

Curl up on the ground in a fetal position. You are showing the bear that you are harmless.

