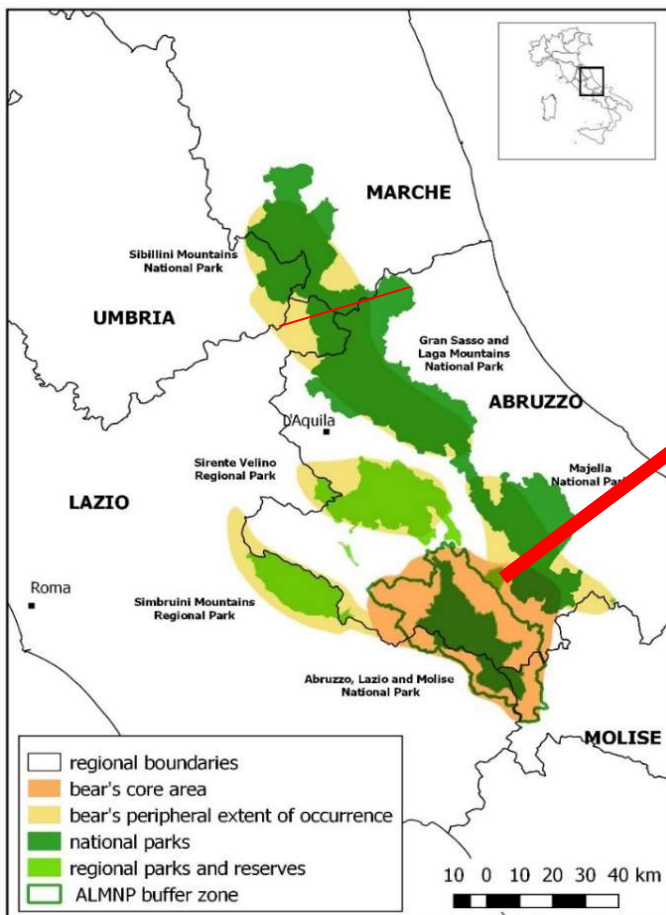


Accommodation Information

There are two options of accommodation that are defined according to availability: the accommodation provided by the Regional Natural Reserve of Genzana and Alto Gizio, in the picturesque town of Pettorano sul Gizio, and the accommodation in Gioia dei Marsi, near the Abruzzo, Lazio and Molise National Park.

1. Pettorano sul Gizio



Name: Riserva Naturale Regionale Monte Genzana Alto Gizio
Address: Piazza R. Zannelli no 1 - Postal code 67034, Pettorano sul Gizio (AQ), Italy
Area: 3,160 ha
Telephone: +39 0864 487006
E-mail: info@riservagenzana.it
Map: <https://goo.gl/maps/CsohtSwLfRm>
Time: Central European Time (UTC+01:00)

Map of the current Marsican brown bear distribution.

Transports

By car: From A25 motorway Rome-Pescara, exit at Sulmona-Pratola Peligna, then road SS17 towards Roccaraso for about 20 Km. From Naples: From A1 motorway, exit at Caianello, then SS85 towards Isernia-Campobasso-Roccaraso and finally SS17 towards Roccaraso-Sulmona (Pettorano sul Gizio is about 27 Km from Roccaraso).



By train: Trains from Rome, Pescara or L'Aquila to Sulmona station. Info: [Trenitalia](https://www.trenitalia.it)

By bus: [TUA](#) buses from Sulmona and TUA and [SATAM](#) buses from Pescara-Naples (please, mind that SATAM do not stop at Pettorano sul Gizio, but they stop at Sulmona). From Rome, you can take TUA buses from Tiburtina station to Sulmona (about 2-hour trip) and then the sub-urban bus to Pettorano sul Gizio. TUA and SATAM buses from Naples leaves from Stazione Garibaldi, buses from Pescara leave from the Bus Terminal, in the square in front of the Central railway station.

By plane: The closest airports are the [Abruzzo airport](#) in Pescara or Ciampino and Fiumicino airports in Rome. Who arrives in Rome's airport can take a [Prontobus](#) to **Pratola Peligna** (the closest stop to Pettorano sul Gizio) directly from the airport. The trip takes 2-2.5 hours (it depends on the traffic in Rome).

Those who want to spend a day or few hours visiting the Eternal City of Rome can take a train or a bus to Sulmona from **Tiburtina station** (underground line B). You will get to Sulmona in about 2 hours by bus and 3-3.5 hours by train.

Accommodation

The Municipality and the Monte Genzana Alto Gizio Nature Reserve will provide our volunteers with guesthouse accomodation in Pettorano sul Gizio.

Accommodation availability: 15 people in shared rooms (max 4 people in each room).

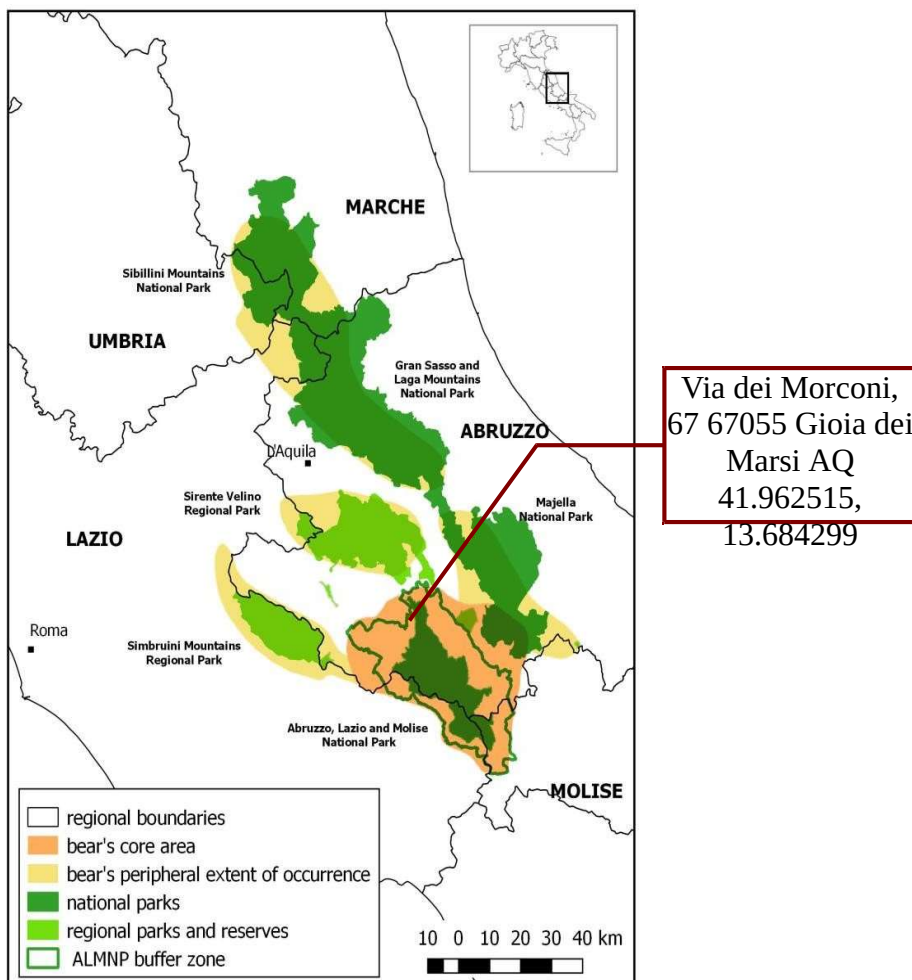


Guesthouse "Pajare" in via Scalelle snc, 67034, Pettorano sul Gizio (AQ), Italy.



Guesthouse in Rua Frisciotta 2, 67034, Pettorano sul Gizio (AQ), Italy.

2. Gioia dei Marsi



Map of the current Marsican brown bear distribution.

Transports

By car: from A 25 motorway Rome-Pescara, exit at Pescara, then road SS83 Marsicana towards Gioia dei Marsi for about 15 Km.

From Naples: from A1 motorway, exit at Cassino, then State Road Sora – Cassino, exit Avezzano, SP 20 towards Pescara, then SS83 towards Gioia dei Marsi.

By train: Trains from Rome, Pescara or L'Aquila to Avezzano or Pescara. Info: [Trenitalia](https://www.trenitalia.com)

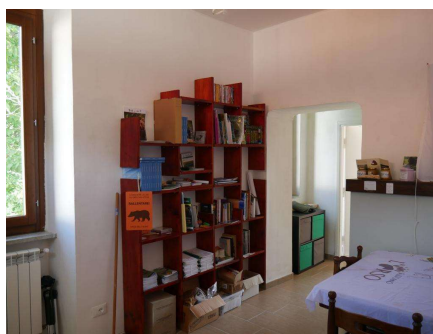
By bus: [TUA](#) buses from Rome-Pescara and TUA and [SATAM](#) buses from Pescara-Naples. TUA buses Avezzano-Gioia dei Marsi. From Rome, you can take TUA buses from Tiburtina station to Sulmona (about 1-hour trip) and then the sub-urban bus to Gioia dei Marsi. TUA and SATAM buses from Naples leaves from Stazione Garibaldi, buses from Pescara leave from the Bus Terminal, in the square in front of the Central railway station.

By plane: The closest airports are the [Abruzzo airport](#) in Pescara or Ciampino and Fiumicino airports in Rome. Who arrives in Rome's airport can take a [Prontobus](#) to **Avezzano** (the closest stop to the accommodation) directly from the airport. The trip takes about 1.5-2 hours (it depends on the traffic in Rome).

Those who want to spend a day or few hours visiting the Eternal City of Rome can take a train or a bus to Avezzano from Tiburtina station (underground line B). You will get to Avezzano in about 1 hour by bus and 2 hours by train.

Accommodation: The association will provide accommodation in a house with garden in the municipality of Gioia dei Marsi.

Accommodation availability: 5 people in two shared rooms (2 places and 3 places respectively, in each room).



Costs

→ € 300 a month per volunteer (including heating, Wi-Fi, power and water consumption expenditures included), tutoring and Italian incident and public liability insurance*.

*To have also an insurance from the country of origin would be desirable.

Please, be responsible of the good maintenance of the accommodation and facilities for yourselves and following users.

Useful numbers

Carabinieri	Pronto soccorso (ambulance)	Carabinieri forestali (Forestry Corps)	Vigili del Fuoco (fire fighters)
112	118	1515	115

Nearest urgent care health services

Near Pettorano sul Gizio:

→The closest hospital is SS. Annunziata in Sulmona (about 15-minute drive from Pettorano sul Gizio) in Viale Mazzini no 100, tel. + 39 0864 4991, +39 0864 499455.

Near Gioia dei Marsi:

→The hospital of Pescara: (about 10-minute drive from Gioia dei Marsi) in Via S. Rinaldi, tel. +39 0863 8991.

→Avezzano hospital : (30-minute drive from Gioia dei Marsi) Presidio Ospedaliero "S.Filippo e Nicola", Via Giuseppe Di Vittorio, Avezzano, tel. 0863 4991.

Equipment to bring with you from home

- A pair of strong trekking shoes,
- Breathable clothes,
- Cap
- Protective cream (you can buy it also on the spot)
- Sun glasses
- Warm clothes for the evening
- Rain jacket
- Fleece sweatshirt and a heavy jacket for wildlife observation at dawn/sunset
- Sleeping bag

It would be wonderful if you had a GPS programme on your mobile. You can bring also a compass, even though we will make sure that you do not get lost, do not worry.

Electricity supply in Italy is 220 volts with 3 pin wall sockets. **You may need adapters.**

General recommendations and rules of behaviour

We are all volunteering our time to carry out all necessary actions for the conservation of the Marsican brown bear. Any problem, request or doubt, please, feel free to inform the contact person or tell the Reserve's staff. As volunteers, you are not forced to do things against your will, but do not



forget that this is a great opportunity to learn and help the environment, bears and the local communities to co-exist.

Please, remember that you represent Rewilding Apennines at all times, and any misbehaviour may affect your relationship with our association and your final evaluation. Please, follow these simple rules of behaviour and feel free to ask for any further clarification.

Rewilding Apennines believes that all planned activities are within your reach, but do not be shy and inform your supervisor if you do not wish to undertake some of them, please.

Please, be aware that sometimes we may have activities also in the weekends, because, as an association of volunteers, working people are usually more available on Saturdays and Sundays. If you work during the weekend, we will give you some working days off as compensation.

Please, be aware that you will be in charge of valuable material (GPS, trail cameras, binoculars, telescope), which is property of Rewilding Apennines and of the partner Nature Reserves or National Parks. So, please, handle it with care.

Refrain from using any part of house equipment outside not to damage it, affecting the comfort of the next guests.

Inform the supervisor about any ill functioning of house systems so that our staff can fix the problem as soon as possible.

Dispose your waste according to local laws.

Please, do not wear earphones while you are in a natural environment to be able to listen to all sounds of nature. Refrain from talking loud not to scare animals, unless you do it on purpose to make them aware of your presence and avoid a potentially dangerous situation.

Please, communicate with a 1-2 day notice your arrival in Rome or Pescara so that our volunteers can pick up you on time at the closest arrival hub.

Never forget to inform the contact person if you are going on a trip.

Do not forget to give us your mobile phone number so that we can contact you if needed. We recommend you to buy an Italian SIM card once here (at least one a group).

Be eco-friendly in all your behaviour.

Have a pleasant journey and a wonderful experience!